



DISCHARGE INSTRUCTIONS AFTER YOUR BREAST SURGERY

Name: _____

You have an appointment to attend for post-operative review at The Breast Centre, Suite 92, 166 Gipps St, East Melbourne. If you require a medical certificate it can be provided at your post op appointment.

Date: _____

Time: _____

The pathology results from your surgery will be available in time for this appointment.

Dressing

You will have a transparent dressing over your wound. This is to be left in place until your review appointment.

Do not under ANY circumstances remove the dressing without first consulting the breast care nurse.

You may shower as normal, as the dressing is splash proof, but try to avoid getting it soaking wet as it will tend to lift off. Simply pat it dry after your shower with a soft towel.

Note: If you have any questions /concerns regarding the dressing or if the dressing starts to lift off, please contact The Breast Centre or the Breast Care Nurse for advice.

Contact us prior to your planned review appointment if you have any of the following:

- Excessive pain not relieved by medication
- Excessive swelling in the region
- Discharge or bad odour from the wound
- Fever or chills

Useful Contact Numbers:

- Breast Care Nurse - 0438 202 092
- The Breast Centre - 9928 6261
- Ward Level 4 - 9928 6877
- St Vincent`s Private Hospital East Melbourne Reception - 9928 6640

FOR URGENT MEDICAL QUERIES JANE O'BRIEN MAY BE CONTACTED DIRECTLY VIA ST VINCENTS HOSPITAL EAST MELBOURNE SWITCHBOARD ON 9411 7111